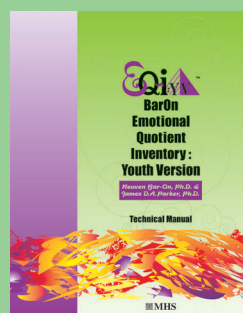
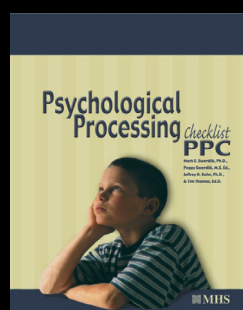
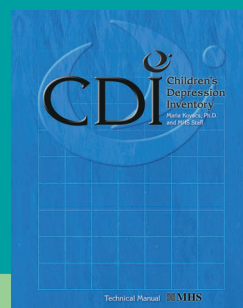
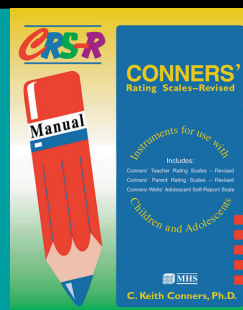


## Complements for EQ-i:YV™



BarOn Emotional Quotient-Inventory (BarOn EQ-i®)  
Conners' Rating Scales-Revised (CRS-R)  
Children's Depression Inventory (CDI)  
Feelings, Attitudes, and Behaviors Scale for Children (FAB-C)  
Coddington Life Events Scales (CLES)  
Psychological Processing Checklist (PPC)  
Jesness Inventory (JI)  
Jesness Inventory-Revised (JI-R)



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# BarOn EQ-i:YV™

## BarOn Emotional Quotient Inventory: Youth Version



*Assesses emotional intelligence in children and adolescents*

*Reuven BarOn, Ph.D., & James D.A. Parker, Ph.D.*

*Self-Report, 60 items (30 items for Short Version)*

*Ages 7-18*

*30 minutes administration time (10 minutes for Short version)*

*B-Level User Qualification*

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# BarOn Emotional Quotient Inventory: Youth Version

Reuven Bar-On, Ph.D., & James D. A. Parker, Ph.D.

## Aim

The BarOn EQ-i:YV™ assesses emotional intelligence (EI) in youths aged 7–18. Based on the BarOn Emotional Quotient-Inventory (BarOn EQ-i®), the first scientifically validated and most widely used measure of EI, the BarOn EQ-i:YV is specifically designed to assess the coping skills, adaptability, and well-being of children and teenagers.

A growing body of research suggests that emotional intelligence is a key predictor of an individual's likelihood to succeed in life. Psychologists, school counselors, social workers, and psychiatrists can use the BarOn EQ-i:YV assessment to identify areas of strength and weakness, and to suggest appropriate training and remedial programs. Professionals can assist students in coping with demands at school that could lead to underachievement or the development of emotional and behavioral problems.

The BarOn EQ-i:YV is a unique integration of theoretical knowledge, empirical sophistication, and state-of-the-art psychometric techniques. The instrument is reliable and valid, and offers the user a number of important features including:

- A large normative base ( $n \approx 10\,000$ )
- A correction factor that enables users to adjust for positive response bias
- Easy scoring and profiling of results with pencil-and-paper versions
- Instant scoring and report generation with software and web versions
- Excellent reliability and validity

## User Qualifications

All users of the BarOn EQ-i:YV assessment should have an understanding of the basic principles and limitations of psychological testing, especially psychological test interpretation. BarOn EQ-i:YV results may be scored by research assistants and other support staff; however, the ultimate responsibility for administration, scoring, and interpretation must be assumed by an individual who is familiar with psychological testing.

All users should be familiar with the standards for psychological testing developed by the American Psychological Association (AERA, APA, & NCME, 1999). Qualified users of this test should also

be members of professional associations that endorse a set of standards for the ethical use of psychological tests, or should be licensed professionals in the areas of psychology, education, medicine, social work, or a closely related field.

## Norming

The BarOn EQ-i:YV assessment uses a large normative sample ( $n=9172$ ) and contains separate norms for males and females, as well as for four separate age groups (7- to 9-year-olds, 10- to 12-year-olds, 13- to 15-year-olds, and 16- to 18-year-olds). The sample includes children and teenagers from elementary, junior high, and high schools in the United States and Canada. All of the respondents used in the normative sample were collected from regular classes (children in special education classes were excluded from this study).

## Instrument

The BarOn EQ-i:YV is a 60-item self-report inventory (30 items for the Short version) in which respondents are required to answer a series of questions about themselves by selecting the most appropriate response. Response options range from *Very Seldom True of Me* to *Very Often True of Me* (the Short version uses slightly different wording). The five scales of the BarOn EQ-i:YV assessment are as follows:

- **Intrapersonal Scale** - This scale measures the individual's ability to understand his or her emotions and his or her ability to communicate those emotions to others.
- **Interpersonal Scale** - This scale measures the individual's ability to have satisfying interpersonal relationships and to understand and appreciate the emotions of others.
- **Stress Management Scale** - This scale measures the individual's ability to manage and control his or her emotions and to respond calmly to stressful events.
- **Adaptability Scale** - This scale measures the individual's ability to be flexible, realistic, and effective in problem solving and managing change.
- **General Mood Scale** - This scale measures an individual's ability to retain a positive outlook on life (the General Mood scale is not included in the Short version).

The BarOn EQ-i:YV assessment also includes an Inconsistency Index (not included in the Short version) and a Positive Impression scale. The Inconsistency Index notes inconsistencies in the way a respondent has answered similarly worded items. This may indicate that the individual misunderstood the instructions or answered in a careless or random fashion. The Positive Impression scale measures the likelihood that an individual has responded to the inventory in a way that creates an overly positive self-impression.

## Format

BarOn EQ-i:YV assessments can be administered in paper-and-pencil format, via the computer using the BarOn EQ-i:YV software, or online using the BarOn EQ-i:YV Online program. Paper-and-pencil administrations can be scored quickly and easily using MHS QuikScore™ Forms, which include all the necessary materials for administering, scoring, and profiling. No special scoring templates are required. QuikScore Forms contain special aids that make scoring the various scales quick and accurate and contain tables that transform raw scores into standardized scores, so there is no need to perform tedious hand conversions using conventional normative tables.

The BarOn EQ-i:YV Version 5 software automatically scores administrations and instantly generates a Profile Report, which includes the respondent's Total EQ score, scale scores and profiles, and two validity scores. The QuikEntry feature allows you to enter responses from a paper-and-pencil administration into the BarOn EQ-i:YV program for instant scoring and report generation.

The BarOn EQ-i:YV Online program allows assessment from anywhere in the world with the MHS Online Assessments website. Respondents access a secure website and complete the BarOn EQ-i:YV assessment online. The administrator accesses the same website and generates a Profile Report.

## Translations

Using our worldwide network of over 400 qualified translators with backgrounds in psychology and medicine, MHS develops accurate translations of assessment tools. For information about the availability of the BarOn EQ-i:YV assessment in other languages, please contact the MHS Translations Department at [translations@mhs.com](mailto:translations@mhs.com).

## Scientific Validation

The BarOn EQ-i:YV assessment has been subjected to numerous validity studies that demonstrate the appropriateness of the scale structure, both empirically and theoretically. The BarOn EQ-i:YV assessment is recommended for both clinical and research environments. Construct validity and detailed data are presented in the BarOn EQ-i:YV Technical Manual on factor analysis, correlation with the BarOn EQ-i®, correlation with other measures believed to tap similar or related constructs (e.g., NEO-FFI and CDI), and intercorrelations between the various BarOn EQ-i:YV scales.

Five case studies and sample profiles are also provided in the technical manual to demonstrate the use of the BarOn EQ-i:YV assessment in a number of situations and contexts.

## Supporting Literature

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**Saarni, C. (1999).** The development of emotional competence. New York: Guilford Press.

**Shapiro, L. E. (1997).** How to raise a child with a high EQ. New York: Harper Collins.

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